

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	8:00- Breakfast 8:30- Gratitude Journaling 9:00- Walking Club 9:30- Yoga w/ Susan 10:00- Snack 11:00- Brain Games + Puzzles 12:00- Lunch 1:00- Comedy Show + Funny Photo Hunt 3:00- Therapy Circuit in Casita 5:00- Dinner 5:30- Game 6:30- Tea + Movie	1 8:00- Breakfast 8:30- Gratitude Journaling 9:00- Walking Club 9:30- Exercise Class 10:00- Brain Games + Puzzles 11:00- Daily Chronicle + Tea 12:00- Lunch 1:30- Bird Report of the Month 3:00- Therapy Circuit in Casita 5:00- Dinner 5:30- Game 6:30- Tea + Movie	2 8:00- Breakfast 8:30- Gratitude Journaling 9:00- Walking Club 9:30- Daily Chronicles + Tea 10:00- Brain Games 10:30- Yoga w/ Susan 12:00- Lunch 1:00- Craft- Spring Spoon Flowers 3:00- Therapy Circuit in Casita 5:00- Dinner 5:30- Game 6:30- Tea + Movie	3 8:00- Breakfast 8:30- Gratitude Journaling 9:00- Walking Club 9:30- Bathroom Break + Snack 10:00- FITBRAIN 11:00- Craft- Lavender Paintings 12:00- Lunch 1:00- Yoga w/ Susan 3:00- Therapy Circuit in Casita 5:00- Dinner 5:30- Game 6:30- Tea + Movie	4 8:00- Breakfast 8:30- Gratitude Journaling 9:00- Walking Club 9:30- Chair Exercises 10:00- Brain Games 11:00- Group Game: Survivor Team Puzzle 12:00- Lunch 1:00- Walking Club 3:00- Therapy Circuit Casita 5:00- Dinner 5:30- Game 6:30- Tea + Movie	5 8:00- Breakfast 8:30- Gratitude Journaling 9:00- Walking Club 9:30- Morning Stretches 10:00- Snack 10:30- Yoga w/ Rebecca 12:00- Lunch 1:00- Daily Chronicle + Tea 1:30- Manicures & Brain Games 5:00- Dinner 5:30- Game 6:30- Tea + Movie
7 8:00- Breakfast 8:30- Gratitude Journaling 9:00- Walking Club/ Church 10:00- Daily Chronicles 10:30- Snack 11:00- Brain Games/Puzzles 12:00- Lunch 1:30- LOVE ON LEASHES 3:00- Therapy Circuit in Casita 5:00- Dinner 5:30- Game 6:30- Tea + Movie	8 8:00- Breakfast 8:30- Gratitude Journaling 9:00- Walking Club 9:30- Yoga w/ Susan 10:00- Snack 11:00- Brain Games + Puzzles 12:00- Lunch 1:00- Garden Time 3:00- Therapy Circuit in Casita 5:00- Dinner 5:30- Game 6:30- Tea + Movie	9 8:00- Breakfast 8:30- Gratitude Journaling 9:00- Walking Club 9:30- Exercise Class 10:00- Brain Games + Puzzles 11:00- Daily Chronicle + Tea 12:00- Lunch 1:30- Cooking with Chef 3:00- Therapy Circuit in Casita 5:00- Dinner 5:30- Game 6:30- Tea + Movie	10 8:00- Breakfast 8:30- Gratitude Journaling 9:00- Walking Club 9:30- Daily Chronicles + Tea 10:00- Brain Games 10:30- Yoga w/ Susan 12:00- Lunch 1:00- Craft- Earth Placemats 3:00- Therapy Circuit in Casita 5:00- Dinner 5:30- Game 6:30- Tea + Movie	11 8:00- Breakfast 8:30- Gratitude Journaling 9:00- Walking Club 9:30- Bathroom Break + Snack 10:00- FITBRAIN 11:00- Science: Chromatography Experiment 12:00- Lunch 1:00- Yoga w/ Susan 3:00- Therapy Circuit in Casita 5:00- Dinner 5:30- Game 6:30- Tea + Movie	12 8:00- Breakfast 8:30- Gratitude Journaling 9:00- Walking Club 9:30- Chair Exercises 10:00- Brain Games 11:00- Group Game: Jenga 12:00- Lunch 1:00- Walking Club 3:00- Therapy Circuit Casita 5:00- Dinner 5:30- Game 6:30- Tea + Movie	13 8:00- Breakfast 8:30- Gratitude Journaling 9:00- Walking Club 9:30- Morning Stretches 10:00- Snack 10:30- Yoga w/ Rebecca 12:00- Lunch 1:00- Daily Chronicle + Tea 1:30- Group Game: Memory Game 5:00- Dinner 5:30- Game 6:30- Tea + Movie
14 8:00- Breakfast 8:30- Gratitude Journaling 9:00- Walking Club/ Church 10:00- Daily Chronicles + Tea 10:30- Snack 11:00- Brain Games/Puzzles 12:00- Lunch 1:30- Herbalism Class with Susan 3:00- Therapy Circuit in Casita 5:00- Dinner 5:30- Game 6:30- Tea + Movie	15 8:00- Breakfast 8:30- Gratitude Journaling 9:00- Walking Club 9:30- Yoga w/ Susan 10:00- Snack 11:00- Brain Games + Puzzles 12:00- Lunch 1:00- Garden Time 3:00- Therapy Circuit in Casita 5:00- Dinner 5:30- Game 6:30- Tea + Movie	16 8:00- Breakfast 8:30- Gratitude Journaling 9:00- Walking Club 9:30- Exercise Class 10:00- Brain Games + Puzzles 11:00- Daily Chronicle + Tea 12:00- Lunch 1:30- Earth Day Research Report 3:00- Therapy Circuit in Casita 5:00- Dinner 5:30- Game 6:30- Tea + Movie	17 8:00- Breakfast 8:30- Gratitude Journaling 9:00- Walking Club 9:30- Daily Chronicles + Tea 10:00- Brain Games + Puzzles 10:30- Yoga w/ Susan 12:00- Lunch 1:00- Begin Bean in a Jar Experiment 3:00- Therapy Circuit in Casita 5:00- Dinner 5:30- Game 6:30- Tea + Movie	18 8:00- Breakfast 8:30- Gratitude Journaling 9:00- Walking Club 9:30- Bathroom Break + Snack 10:00- FITBRAIN 11:00- Research Aquarium Animals 12:00- Lunch 1:00- Yoga w/ Susan 3:00- Therapy Circuit in Casita 5:00- Dinner 5:30- Game 6:30- Tea + Movie	19 8:00- Breakfast 8:30 Birch Aquarium Outing 12:00- Lunch 1:00- Walking Club 3:00- Therapy Circuit Casita 5:00- Dinner 5:30- Game 6:30- Tea + Movie	20 8:00- Breakfast 8:30- Gratitude Journaling 9:00- Walking Club 9:30- Morning Stretches 10:00- Snack 10:30- Yoga w/ Rebecca 12:00- Lunch 1:00- Daily Chronicle + Tea 1:30- Manicures & Brain Games 5:00- Dinner 5:30- Game 6:30- Tea + Movie
21 8:00- Breakfast 8:30- Gratitude Journaling 9:00- Walking Club/ Church 10:00- Daily Chronicles + Tea 10:30- Snack 11:00- Brain Games+ Puzzles 12:00- Lunch 1:30- Craft- Beaded Garden Stakes 3:00- Therapy Circuit in Casita 5:00- Dinner 5:30- Game 6:30- Tea + Movie	22 8:00- Breakfast 8:30- Gratitude Journaling 9:00- Walking Club 9:30- Yoga w/ Susan 10:00- Snack 11:00- Brain Games + Puzzles 12:00- Lunch 1:00- Garden Time 3:00- Therapy Circuit in Casita 5:00- Dinner 5:30- Game 6:30- Tea + Movie Earth Day	23 8:00- Breakfast 8:30- Gratitude Journaling 9:00- Walking Club 9:30- Exercise Class 10:00- Brain Games + Puzzles 11:00- Daily Chronicle + Tea 12:00- Lunch 1:30- Cooking with Chef 3:00- Therapy Circuit in Casita 5:00- Dinner 5:30- Game 6:30- Tea + Movie	24 8:00- Breakfast 8:30- Gratitude Journaling 9:00- Walking Club 9:30- Daily Chronicles + Tea 10:00- Brain Games + Puzzles 10:30- Yoga w/ Susan 12:00- Lunch 1:00- Craft- Spring Origami 3:00- Therapy Circuit in Casita 5:00- Dinner 5:30- Game 6:30- Tea + Movie	25 8:00- Breakfast 8:30- Gratitude Journaling 9:00- Walking Club 9:30- Bathroom Break + Snack 10:00- FITBRAIN 11:00- Science: Dissecting a Flower 12:00- Lunch 1:00- Yoga w/ Susan 3:00- Therapy Circuit in Casita 5:00- Dinner 5:30- Game 6:30- Tea + Movie	26 8:00- Breakfast 8:30- Gratitude Journaling 9:00- Walking Club 9:30- Chair Exercises 10:00- Brain Games + Puzzle 11:00- Group Game: Hangman 12:00- Lunch 1:00- Walking Club 3:00- Therapy Circuit Casita 5:00- Dinner 5:30- Game 6:30- Tea + Movie Arbor Day	27 8:00- Breakfast 8:30- Gratitude Journaling 9:00- Walking Club 9:30- Morning Stretches 10:00- Snack 10:30- Yoga w/ Rebecca 12:00- Lunch 1:00- Daily Chronicle + Tea 1:30- Craft- Scottie Dogs 5:00- Dinner 5:30- Game 6:30- Tea + Movie
28 8:00- Breakfast 8:30- Gratitude Journaling 9:00- Walking Club/ Church 10:00- Daily Chronicles + Tea 10:30- Snack 11:00- Brain Games/Puzzles 12:00- Lunch 1:30- LIVE MUSIC with RICH 3:00- Therapy Circuit in Casita 5:00- Dinner 5:30- Game 6:30- Tea + Movie	29 8:00- Breakfast 8:30- Gratitude Journaling 9:00- Walking Club 9:30- Yoga w/ Susan 10:00- Snack 11:00- Brain Games + Puzzles 12:00- Lunch 1:00- Bean in a Jar Experiment 3:00- Therapy Circuit in Casita 5:00- Dinner 5:30- Game 6:30- Tea + Movie	30 8:00- Breakfast 8:30- Gratitude Journaling 9:00- Walking Club 9:30- Exercise Class 10:00- Brain Games + Puzzle 11:00- Daily Chronicle + Tea 12:00- Lunch 1:30- Armchair Travels: Scotland 3:00- Therapy Circuit in Casita 5:00- Dinner 5:30- Game 6:30- Tea + Movie				